



## CARE ADVICES

### You can extend your Vispring mattress's life by turning it occasionally.

With fillings on both sides, our mattresses offer two possible sleeping surfaces together with an enhanced level of comfort. Turning will enable the fillings to settle more evenly and improve the ventilation of your mattress.

- How to turn your mattress

1. Slide the mattress towards the foot end of the divan for about  $\frac{3}{4}$  of its length.
2. Rotate the mattress in either direction through  $90^\circ$ .
3. Lift the mattress onto its border on top of the divan.
4. Gently allow the mattress to fall back onto the divan towards the head end. This has turned the mattress over.
5. Once again rotate the mattress through  $90^\circ$  in either direction, depending on whether you need to change the sides (not applicable for combination mattresses).

- Turning Dual Tension Mattresses

Combination mattresses which are personalized with more than one tension can only be turned one way, i.e. right over from head to foot.

Dual tension zipped mattresses can only be turned from side to side if you wish to retain your normal sleeping side of the bed. Because of differing body weights, overall settlement times for each half of the mattress may differ.

- Turning Single Tension Mattresses

To ensure even settlement across the whole mattress, you should alternate the turning method. On the first occasion, turn the mattress right over from head to foot. The second time, turn the mattress over and rotate it through  $180^\circ$ . Repeat these steps in order for subsequent turnings.

- Turning Single Tension Zipped Mattresses

Zips should be unfastened before turning or rotating. Initially, turn both mattresses over from side to side so that they can be re-zipped. On the next occasion, simply rotate the mattresses through  $180^\circ$ . Repeat these steps for subsequent turnings.