

# The London Magazine

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## TWINKLE TWINKLE

CHRISTMAS IN THE CAPITAL



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A woman with long brown hair is sleeping peacefully in a bed. She is wearing a light blue ribbed tank top. Her eyes are closed, and she has a serene expression. She is lying on her side, with her head resting on a large, white, ruffled pillow. Her right hand is resting on the white duvet cover. The bed is covered with crisp white linens, including a duvet and several pillows. The lighting is soft and natural, creating a calm and comfortable atmosphere.

# THE BEST NIGHT'S SLEEP IN TOWN

What price sleep? Replicating the perfect conditions of a top London hotel bedroom is an expensive business, as **Alexandra Goss** discovers

**BEDDING DOWN** Clockwise from right: The Royal Suite at The Lanesborough Hotel costs from £12,000 a night; a sheepskin cushion from Heal's; Vispring mattresses set the standard



lasted months, but he ultimately succeeded in his quest for the perfect rest.”

**BEDS AND MATTRESSES**

So where to start if you want to replicate the comfort of a five-star hotel in your own boudoir? Hypnos mattresses crop up frequently – as well as being used in the Corinthia London, this is the go-to brand for The Lanesborough, which boasts the capital’s largest suite, costing from £12,000 a night.

That eye-watering outlay will also get you Egyptian 300-thread-count cotton sheets, duvets made from 60% duck down and 40% feathers and king-sized pillows. Windows are triple-glazed to keep out street noise and the temperature is set at 20C, but this can be adjusted to guests’ preferences by the round-the-clock, dedicated butler, who can also draw you a relaxing bath or serve you a calming herbal tea.

Another go-to mattress brand is Vispring, which supplied the beds for the first-class cabins



of the *Titanic* and can be found today in The Dorchester as well as The Goring, where Kate Middleton spent the night before her wedding to Prince William. The company handcrafts each sustainably sourced mattress

*Vispring supplied beds for the first-class cabins of the Titanic and can be found in The Goring, where Kate Middleton spent the night before her wedding*

to individual customers’ needs, with costs varying from under £1,000 for a double to £40,000 for the exclusive Diamond Majesty king-sized divan set.

The interior designer Beata Heuman believes the ultimate shut-eye can be had on a Savoier

Beds mattress – a full bedset for what the company describes as ‘the world’s most luxurious bed’ starts at £330,000. Charu Gandhi, founder and director of luxury design studio Elicyon, uses Hästens, which caters to

Swedish royalty and celebrities such as Cristiano Ronaldo and makes all of its beds bespoke. The Swedish firm’s Vividus model is formed from hand-sewn layers of horsehair and cotton, with a redwood pine bed frame. Prices start at £135,000.

**BEDDING AND LINEN**

While goose down and feather duvets are used by many top hotels, Charlotte Rey, co-founder of the design partnership Campbell-Rey, recommends alpaca fleece. “It’s hypoallergenic and keeps body temperature constant, which is important for a good night’s sleep,” she says. And don’t forget pillows: the Bulgari Hotel London has a pillow menu, allowing guests to choose between versions with specific head and neck support, special orthopaedic ones, memory foam, and even those filled with lavender aromatherapy oils.

Emma Sims-Hilditch, founder of the eponymous design house, recommends the soft bed linen from the Belgian brand Libeco

PHOTOGRAPHS: JACK HARDY; DJANGO